

# NOVEMBER | 2024



## OCEMS Pre K-8 Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Waffles Fruit Juice Milk	29 Muffin / Toast Fruit Juice Milk	30 Omelet / Toast Fruit Juice Milk	31 Muffin / Toast Fruit Juice Milk	1 Donuts Fruit Juice Milk
4 Pancakes Fruit Juice Milk	5 Muffin / Toast Fruit Juice Milk	6 Scrambled Eggs / Toast Fruit Juice Milk	7 Muffin / Toast Fruit Juice Milk	8 Donuts Fruit Juice Milk
11 Waffles Fruit Juice Milk	12 Muffin / Toast Fruit Juice Milk	13 Biscuits and Gravy Fruit Juice Milk	14 Muffin / Toast Fruit Juice Milk	15 Donuts Fruit Juice Milk
18 Pancakes Fruit Juice Milk	19 Muffin / Toast Fruit Juice Milk	20 Breakfast Sandwich Fruit Juice Milk	21 Muffin / Toast Fruit Juice Milk	22 Donuts Fruit Juice Milk
25	26	27	28	29

***News***  
***Breakfast will be served 7:00-7:55***

Cereal, whole grain toast, fresh fruits and juice will also be available daily.

Menu Subject to changes

The USDA is an equal opportunity provider and employer

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## Ohio County Elementary Middle School PreK-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b> Chicken Nuggets / Dinner Roll Mashed Potatoes / Gravy Corn Peaches Milk	<b>29</b> Chicken Fajita Peppers Broccoli Pears Milk	<b>30</b> Farmer Brown with Dinner Roll Green Beans Applesauce Milk	<b>31</b> Hot Dog On Bun Baked Beans Fries Orange Slices Milk	<b>1</b> Pizza Salad Cucumbers Juice Milk
<b>4</b> Chicken Tenders / Cookie Macaroni and Cheese Corn Peaches Milk	<b>5</b> Pulled Pork Nachos Broccoli Black Beans Pears Milk	<b>6</b> Salisbury Steak with Dinner Roll Mashed Potatoes with Gravy Green Beans Applesauce Milk	<b>7</b> Grilled Chicken on Bun Au Gratin Potatoes Carrots Orange Slices Milk	<b>8</b> Pizza Salad Tomatoes Juice Milk
<b>11</b> Chicken Nuggets / Dinner Roll Mashed Potatoes / Gravy Corn Peaches Milk	<b>12</b> Taco Salsa Broccoli Pears Milk	<b>13</b> Chicken Alfredo Cooked Carrots Peas Applesauce Milk	<b>14</b> Corn Dog Baked Beans Fries Orange Slices Milk	<b>15</b> Pizza Salad Cucumbers Juice Milk
<b>18</b> Chicken Tenders / Cookie Macaroni and Cheese Corn Peaches Milk	<b>19</b> Orange Chicken Rice Broccoli Pears Milk	<b>20</b> Chili with Crackers Fries Applesauce Milk	<b>21</b> Turkey and Gravy Dinner Roll Mashed Potatoes Green Beans Cranberry Sauce Milk	<b>22</b> Pizza Salad Tomatoes Juice Milk
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<h1>Thanksgiving Break</h1>				

### ***News***

#### *Lunch Times:*

*PS - 2 - 10:35*

*3-5 - 11:20*

*MS - 12:09*

#### *Lunch Prices:*

*PS-2 \$2.75*

*3-8 \$3.00*

*Reduced \$0.40*

#### *Alternative lunch choices:*

*PBJ Sandwich*

*Yogurt Pack*

*Turkey Sandwich*

#### *Menu Subject to changes*

*The USDA is an equal opportunity provider and employer*

# NOVEMBER | 2024

## RISING SUN HIGH SCHOOL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Pak n Go Variety Fruit Juice Milk	29 Pancakes Fruit Juice Milk	30 Assorted Pastries Fruit Juice Milk	31 Breakfast Sandwich Fruit Juice Milk	1 Pak n Go Variety Fruit Juice Milk
4 Pak n Go Variety Fruit Juice Milk	5 Pancake Wrap Fruit Juice Milk	6 Assorted Pastries Fruit Juice Milk	7 Biscuits & Gravy Fruit Juice Milk	8 Pak n Go Variety Fruit Juice Milk
11 Pak n Go Variety Fruit Juice Milk	12 Pancakes Fruit Juice Milk	13 Assorted Pastries Fruit Juice Milk	14 Breakfast Sandwich Fruit Juice Milk	15 Pak n Go Variety Fruit Juice Milk
18 Pak n Go Variety Fruit Juice Milk	19 Pancake Wrap Fruit Juice Milk	20 Assorted Pastries Fruit Juice Milk	21 Biscuits & Gravy Fruit Juice Milk	22 Pak n Go Variety Fruit Juice Milk
25	26 HAPPY THANKSGIVING DAY! 	27	28	29

# Thanksgiving Break

### News

## Breakfast

\$1.25  
Serving 7:30 – 7:55

Each day there will be a variety of fruit and juice for the student to choose from.

Toast and cereal will be available every day.

Menu Subject to changes

# NOVEMBER | 2024

## RISING SUN HIGH SCHOOL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b> Mini Corn Dogs Cauliflower/Cheese Fruit Milk	<b>29</b> Quesadilla Refried Beans Fruit Milk	<b>30</b> French Bread Pizza Fries Fruit Milk	<b>31</b> Toxic Sludge Witch Finger Sider Eggs Mummy Mix Milk Potion	<b>1</b> Deli Sandwich Carrot Sticks/Ranch Fruit Milk
<b>4</b> Cheeseburger on Bun Baked Potatoes Fruit Milk	<b>5</b> Beef Tacos Refried Beans Fruit Milk	<b>6</b> Calzones w/ Marinara Fries Fruit Milk	<b>7</b> Grilled Cheese Tomato Soup Fruit Milk	<b>8</b> Chicken Nuggets Bread and Butter Au gratin Potatoes Fruit Milk
<b>11</b> Coney Dog on Bun Green Beans Fruit Milk	<b>12</b> Chicken Fajita on Tortilla Black Beans Fruit Milk	<b>13</b> Stuffed Pizza Sandwich Fries Fruit Milk	<b>14</b> Chili / Crackers PB Sandwich Carrot Sticks Fruit Milk	<b>15</b> Mac n Cheese Bread Stick Sweet Peas Fruit Milk
<b>18</b> Pork Fritter on Bun Baked Beans Fruit Milk	<b>19</b> Tangerine Chicken/Rice Broccoli Fruit Milk	<b>20</b> Turkey & Gravy Mashed Potatoes Dinner Roll Cookie Fruit Milk	<b>21</b> Chicken Soup Grilled Cheese Cooked Carrots Fruit Milk	<b>22</b> Bosco's w/ Marinara Garden Salad Fruit Milk
<b>25</b> Thanksgiving Break	<b>26</b> Thanksgiving Break	<b>27</b> Thanksgiving Break		<b>29</b> Thanksgiving Break

### News

## Lunch

\$3.00

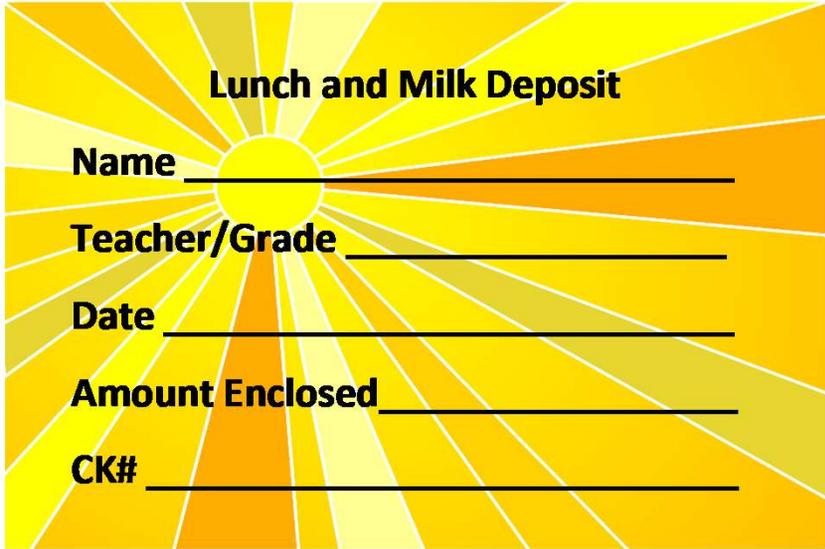
A Lunch – 11:20

B Lunch – 12:10

A wide variety of Fruits, Raw Vegetables & Garden Salads are available to the students daily as part of their meal

Lunch alternatives include;  
 Yogurt & Granola,  
 Chef salad & Croutons,  
 Bosco Sticks & Marinara,  
 or Fresh Deli Sub

Menu Subject to change



**Lunch and Milk Deposit**

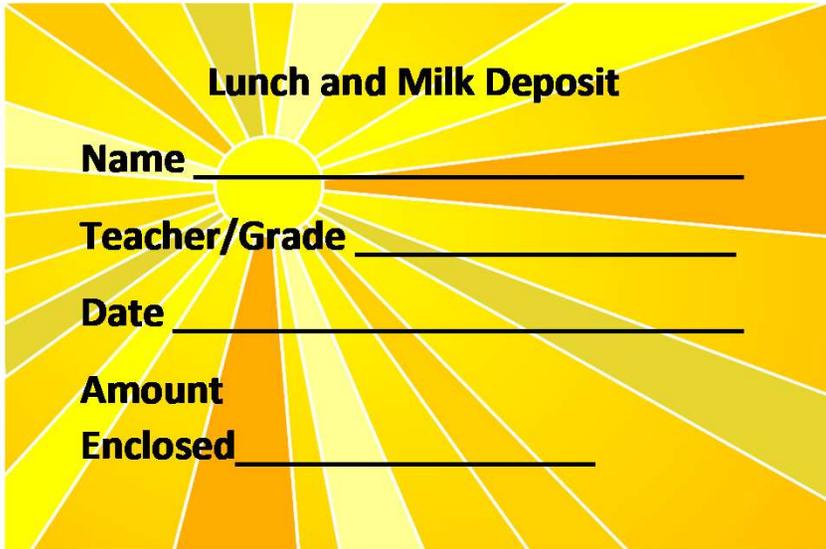
Name \_\_\_\_\_

Teacher/Grade \_\_\_\_\_

Date \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

CK# \_\_\_\_\_



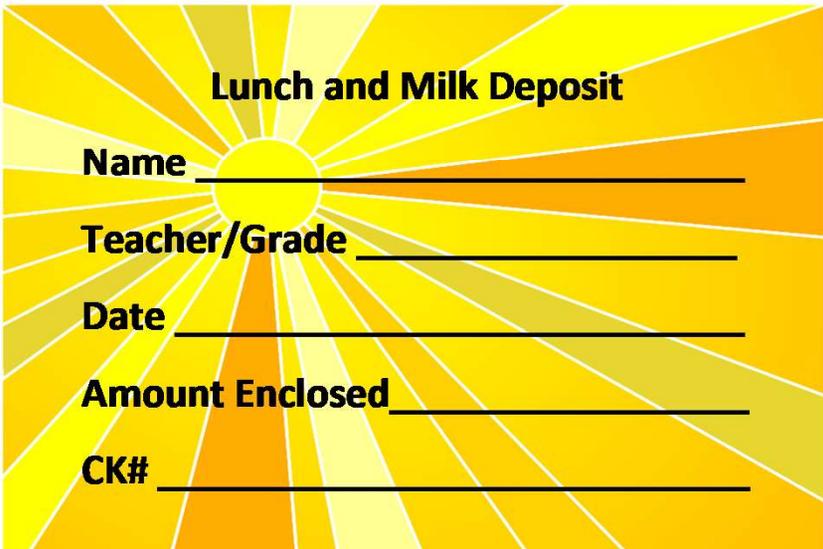
**Lunch and Milk Deposit**

Name \_\_\_\_\_

Teacher/Grade \_\_\_\_\_

Date \_\_\_\_\_

Amount Enclosed \_\_\_\_\_



**Lunch and Milk Deposit**

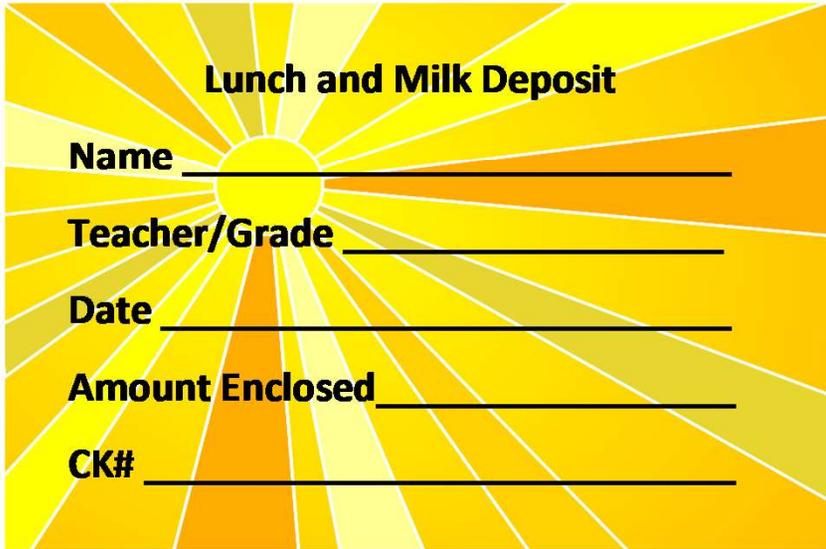
Name \_\_\_\_\_

Teacher/Grade \_\_\_\_\_

Date \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

CK# \_\_\_\_\_



**Lunch and Milk Deposit**

Name \_\_\_\_\_

Teacher/Grade \_\_\_\_\_

Date \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

CK# \_\_\_\_\_