



## W E B R E S O U R C E S

### Southeastern Indiana School Insurance Trust

<https://www.mybensite.com/southeastern>

Login: southeastern

Password: risesun

The Trust website contains a vast array of information about the Trust and benefits available to our members. You'll find benefit summaries, side-by-side comparison of the health plans, a prescription listing, customer service numbers, links to help you discover the benefits of opening a Health Savings Account, as well as other valuable resources.

### Anthem [anthem.com](http://anthem.com)

We encourage you to register on the Anthem website. You will gain access to your ID cards, be able to estimate your costs, find a provider, view your claims and much more. **Sydney** is a mobile app that puts your health plan at your fingertips.

### Telemedicine Options

**First Stop Health**

[888-691-7867](tel:888-691-7867) or [app2.fshealth.com](http://app2.fshealth.com)

Virtual Visits provides access to a doctor via the internet. They can diagnose and prescribe medications as needed. Consider downloading the app so it's available when you might need it.

### CVS/Caremark

[caremark.com](http://caremark.com)

Registering on the Caremark website is simple and provides you the ease of refilling your prescriptions online. You can also track how much you've spent and where you might have saving opportunities.

